The 8 Chakras & their Essence Qualities

‘Unleash Your POWER’ - the BASE

Energy Balancing Workshop

Beausejour (MA), April 16th to 19th, 2026

More on www.energybalancing.me

In Energy Balancing, we work physically, energetically, emotionally, mentally, and spiritually - addressing EVERY part of your Being! Using energy-based methods, we’ll show you how to more consciously harness the powerful energies of your base chakra, rather than being harnessed by them.

We will unleash the dormant fire of Kundalini, the immense vitality of the base, and support you in living a fuller and more grounded life in your body. So ride the dragon of your base chakra—and enjoy renewed courage, self-confidence, and zest for life.

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The BASE Chakra Essence:

Presence & Grounding – Vitality & Presence

Manifestation of Abundance – Full Spectrum Living

Being in My Energy – Courage to “Ride the Dragon”

COSTS for WORKSHOP: Early Bird CAD 550 (February 19th, 2026)
e-transfer WORKSHOP COSTS to larrywillman1@gmail.com
After February 19th, 2926 regular price: CAD 630

COSTS for RETREAT CENTER (board included):
Single Room CAD 585. Shared Room CAD 405. Without room CAD 225.
e-transfer RETREAT CENTER COSTS to larrywillman1@gmail.com
Larry Willman cell (+1) 204-227-1252

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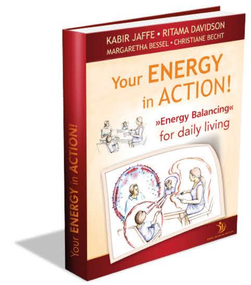
ENERGY BALANCING CANADA

Book available (print & ePub) at
www.energybalancing.me



Margaretha & Mischa are Energy Therapists with 30 years of experience, cert. Energy Balancer & Coaches, NLP-Practitioner, Voice Dialogue Facilitator and leader of Essence Training.

One of the earliest functions the psyche develops is the ‚protector-controller-mechanism‘. It is part of the defense system and exists to protect us and to keep us safe from harm. Its primary emotion, however, is fear. Fear is an important part of our instincts and necessary to protect us. But when fear gets out of control, it limits your life in many subtle and not-so-subtle ways. It’s a negative cycle: Anxieties and worries can pull the rug out from under our feet. Being ungrounded leads to excessive control. And control blocks the flow of our energy and vitality. So instead of manifesting our lives boldly like a lion, we cower under the covers like a beaten dog...

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Feel free to contact us personally for information on energy, spiritual growth and transformation or sessions via info@energybalancing.me

MEET & GREET ENERGY BALANCING CANADA

Tuesday, April 14th, 2026, 7-9 pm, CAD 30.- in Winnipeg, Manitoba

Come and meet the experts. Margaretha and Mischa, acclaimed spiritual teachers from Germany, will introduce you to the framework of CHAKRA HEALING. We will meditate together and practice Energy Balancing, geared to help you with your personal issues. (No prerequisites).
Check also our weekly posts on the WORLD OF ENERGY on Instagram & Facebook or on www.energybalancing.me